



City ROCK YOUTH CHAMPS

FRIDAY 5 DECEMBER:
14:30 – 17:30
u7 – u17

Calling all young crushers for a fun,
beginner-friendly youth competition.

There'll be 2 disciplines, boulder and top rope, with a guaranteed
fun time for everyone! It's all about enjoyment, trying new things,
and building confidence.

Register your youngster at tinyurl.com/CRYouthChamps25
or at front desk by 14:30 on Friday 5 December.

R100 entry fee

*Day pass included; Gear rental NOT included
All proceeds will go to the Emgwenya Mountain Club*





OVERVIEW

This competition is open to all **novice and intermediate** climbers aged **5 to 17 years old**. There are two disciplines that you can choose from: **boulder and top rope**. You can compete in **one or both disciplines**.

You will only have **one chance to top the top rope routes** (flash comp), you can have **multiple attempts to top the boulders**. You will have 2 hours to climb, if you are choosing to compete in both disciplines plan your time climbing wisely. The competitor's scores are based on the number of points earned by reaching zones or topping their climbs. The competition will be self-scoring, please be honest this is all for fun. Medals will be awarded for each age category.

FORMAT

BOULDER:

There will be **12 boulders** to climb, you choose your **4 hardest problems that you sent**. The 12 boulder problems can be climbed as many times as you would like and the total scores from your top 4 hardest problems will be used to determine the winner(s). Higher problem number = harder difficulty = more points. Once a child has fallen off the problem, it is the next child's turn.

TOP ROPE:

There will be **2 routes on the highwalls per age category**. This is a flash comp, you will have **one try to top the route**. Each route will have bonus holds, your score is determined by how high you are able to get on the route. If you top the route, you get 25 points. If you fall off, you receive the number of points on the last bonus hold you established.

Parents can give advice or beta throughout the competition, but **only on the ground** and not while the kids are climbing on the wall.



REGISTRATION

Registration opens **Thursday 30 October** and closes 14:30 on Friday 5 December. Registrations can be done at tinyurl.com/CRYouthChamps25 or at **front desk**.

Please note: If this is your first time visiting CityROCK please complete the parent / minor waiver for your child before arriving. The waiver can be completed at cityrock.co.za/waiver. Waivers will need to be verified on the day with a parent/guardian's ID.

AGE CATEGORIES

U7, U9, U11, U13, U15, U17

CHECK-IN

All parents must be present at the Mayhem Area (kids' section) with their child at 14:30 on Friday 5 December for briefing.

RULES

If you have entered into a national competition for climbing and podiumed, you may not enter this competition, **this is a beginner/intermediate competition**.

Our goal is to maintain a welcoming environment for all kids, staff, and parents. Discrimination, harassment, or bullying of any kind will not be tolerated, and will lead to disqualification from the competition.

Attention parents: please note that calling out beta (advice to aid someone's climbing) while your child is climbing on the wall will result in their immediate disqualification.

All of CityROCK's rules and policies will be enforced and respected by parents, spectators and children. Waivers need to be up-to-date for everyone entering the building/competition.